



EUDEMOMIA®  
*at Revolution Mill*

# Women's Health & Pre/Postnatal Care



*From Recovery to Discovery*

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# EUDEMOMIA®

ORTHOPAEDIC & PELVIC PHYSICAL THERAPY  
FUNCTIONAL INTEGRATIVE LIFESTYLE MEDICINE

## HEALTH CARE FOR WOMEN

In the US, there are no therapy standards of care for new mom's or women's health. This means that mothers are sent home with no help about how to recover after giving birth.

Dr. Garner is a mother of three (pictured with her oldest son below) & knows how to care for women. Using proven, scientifically supported strategies, she fully recovered from multiple births & related injuries and wants to help you recover too.

Dr. Garner is a well-known international expert, having decades of experience in how to care for expectant & new mothers using holistic, compassionate, integrative healthcare.

- New Moms: Prepare for labor, delivery & help manage the aches & pains of pregnancy.
- Postpartum: Whether your children are 2 or 25, you are considered postpartum until you have fully recovered from birth &/or related injuries & complications.
- All Women: Pelvic pain, incontinence, & sexual dysfunction can occur even if you haven't given birth.
- Not sure if Dr. Garner can help? Call for a free consult.



INTEGRATIVE  
PHYSICAL THERAPY

MEDICAL THERAPEUTIC  
YOGA & PILATES

FUNCTIONAL & LIFESTYLE  
MEDICINE  
HEALTH COACHING

**336.707.9951**

**First Consult Free - Book online:**

**[drgingergarner.com](http://drgingergarner.com)**